



# Curriculum Statement – Physical Education

## Intent

At Strawberry Fields we believe in delivering a fun, high-quality and skills-based Physical Education curriculum that will inspire all pupils to succeed by providing them with knowledge and skills about how we can challenge our bodies physically, and the importance of keeping healthy in mind, body and diet and the link between these, that will last not only for their time with us at primary school, but for life. We want all children to enjoy PE and understand that success does not mean 'being the best' – but we know how to challenge ourselves and praise ourselves for persevering when we find something difficult. We intend to provide opportunities through our curriculum that can allow our pupils to practise, apply and challenge their skills in a number of situations, sports and activities, and we implement literacy used across all areas of the curriculum into PE lessons with thoughtful reviews and discussions about our success and how we can challenge ourselves further.

Create Development share our ambition and have a vision to create positive relationships with physical activity for life. Their vision is to redefine what's possible for PE, sport and physical activity through a new, positive and inclusive culture. Real PE is a PE curriculum philosophy and approach created by Create Development which helps ALL children develop the physical literacy, emotional and thinking skills to achieve in PE, sport and life. It places the learner at the heart of practice with the ultimate goal of transforming how we teach PE, applying high quality learning and teaching skills. It supports teachers and other practitioners to make small changes that will have a significant impact on their learners.

## Implementation

Throughout the school year, all pupils will have access to a high-quality PE curriculum that is delivered by both teachers and outside coaches, as we work closely with both S&G Coaching and Hunslet Rugby Foundation. All teachers and coaches are aware of the intent of our PE curriculum and share the same ethos of building skills for life as well as nurturing a love of physical activity. The PE curriculum is broken down into two lessons per week: an indoor session and an outdoor session. One session will be planned using the Real PE platform which is solely skills based, yet can focus on creativity, health and fitness or cognitive development, for example. The other session will be sport based, however it will complement the skills taught in the Real PE unit allowing children to apply and build their skills within a game situation.

As well as explicit PE lessons, all children will also have the opportunity to join a wide variety of physical after school clubs, as well as representing Strawberry Fields Primary School in a number of competitions against other schools in both our local area of Garforth and across schools in Leeds.

In year 5/6, children will have the opportunity to apply to become a sports leader. This role is designed to be pupil-led and inspire other children across school not only in staying fit and healthy, but in exploring new areas of sport, such as leading activities, organising events and sports reporting.

## Impact

The impact of our bespoke PE curriculum is measured through:

- Children being able to explain what success in PE looks like by indicating the concept of self-challenge
- Pupil voice, by listening and responding to pupils feedback on their experience with PE and Sport throughout school
- Assessment, we use the Create Development Assessment Wheel to ensure pupils make good progress
- Photos and videos

